

## **Michael: Gout and Active Life End – Stress**

To Whom It May Concern:

In May of 2010, I came down with a serious and debilitating case of Gout in my foot. I was unable to work, and could not walk without extreme pain. I was also unable to do any physical activities previously enjoyed. The Gout stopped my life.

I saw a medical physician for the condition and he not only told me that I could not enjoy most of the foods that I like (like meat and shellfish) but he wanted to put me on a prescription drug which can have dramatic side-effects.

Even though my wife was healed from many serious physical, mental and emotional problems by having Hypnoanalysis therapy with Ysatis De Saint Simone, I still did not think that a physical disease like Gout could possibly be cured by working with the mind. When my wife suggested that I try the therapy for the Gout, I was very skeptical, but did not want to alter my life or take dangerous prescription drugs. I chose to try the therapy.

At the beginning of the therapy, I was still experiencing the Gout. After only a few days of therapy, the Gout completely disappeared and has not returned. I never took the medication suggested by the medical doctor, I am able to eat any foods I want, and my physical activities have returned to normal.

I am no longer skeptical. This therapy works and heals people.

Sincerely,

Michael Guthrie, Ridgway Co.